

Emily Howland Lunch Menu

Phrase of the month:
"What You Do Matters!"

March 2009

Lunch Price for Students - \$1.75



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 (A day) Chicken Patty On a bun Corn Fruit Milk	3 (B day) Hamburger On a bun French fries Fruit Milk	4 (C day) Pizza Tossed salad Fruit Milk	5 (D day) Macaroni and Cheese Dinner roll Carrots Milk	6 (A Day) Ravioli Garlic bread Sticks Green beans Fruit Milk	7
8	9 (B day) Hot dog On a bun Baked beans Fruit Milk	10 (C day) Chicken Nuggets Dinner roll Broccoli Fruit Milk	11 (D day) Pizza Tossed salad Fruit Milk	12 (A day) Taco w/meat, Cheese, Lettuce Tomato & On- ion Green beans Fruit Milk	13 (B day) Toasted Cheese Sandwich Tomato Soup Fruit Milk	14
15	16 (C day) Chicken patty On a bun Corn Fruit Milk	17 (D day) Ham or Turkey sub w/lettuce, Tomato & Onion Cream of Broccoli soup Fruit Milk	18 (A day) Pizza Tossed salad Fruit Milk	19 (B day) Ravioli Garlic bread Sticks Peas Fruit Milk	20 (C day) No School For Students	21 <i>*Pre-payment is available for all lunches. If your child is approved for free or reduced price lunches, they also qual- ify for free or reduced breakfast*</i>
22	23 (D day) Hot dog On a bun Baked beans Fruit Milk	24 (A day) Chicken Nuggets Dinner roll Broccoli Fruit Milk	25 (B day) Pizza Tossed salad Fruit Milk	26 (C day) Spaghetti w/Meat Sauce Garlic bread Sticks Green beans Fruit Milk	27 (D day) Veggie plate Or fish patty On a bun Baby carrots Fruit Milk	
29	30 (A day) Cheese burger On a bun Corn Fruit Milk	31 (B day) Ham steaks Dinner roll Rice Fruit Milk		<p>*Every day at lunch your child may choose peanut butter & jelly, tuna or egg salad sandwich along with our hot lunch choices.</p> <p>*We have a variety of milk options every day: whole milk, 2% milk, skim milk, 1% chocolate milk, and sometimes strawberry milk is available.</p>		