





Lunch Menu

June 2009

Southern Cayuga Central School Middle & High

If your child is approved for free or reduced price lunches, they also qualify for free or reduced breakfast.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1 Chicken patty, parm. Or meatball sub w/ cheese on bun Broccoli w/ cheese Fruit Milk</p>	<p>2 Chicken nuggets Rice pilaf Summer squash Casserole Fruit Milk</p>	<p>3 Cheese or Chicken wing Pizza Toss salad Fruit Milk</p>	<p>4 Turkey gravy over Mashed or rice Dinner roll Corn Fruit Milk</p>	<p>5 Taco's Chicken fajita Soft or hard shell With toppings Green beans Fruit / milk</p>	<p>6 </p>
7	<p>8 Chicken patty, fish Patty or cheese- burger on bun Carrots Fruit Milk</p>	<p>9 Spaghetti plain or meat sauce Italian bread Toss salad Fruit Milk</p>	<p>10 HS Picnic Day Deli day with choice of meat Dill pickles Fruit milk</p>	<p>11 Pizza day Green beans Fruit Milk</p>	<p>12 Cooks Surprise</p>	13
14	<p>15 Cooks Surprise</p>	<p>16 Cooks Surprise</p>	<p>17 Cooks Surprise</p>	<p>18 Cook out hot dogs Dill pickles Watermelon Chips Pop cycles milk</p>	<p>19 Cooks Surprise</p>	20
21	<p>22 Cooks Surprise</p>	<p>23 Half Day Of School</p>	24	25	26	<p>27 </p>
<p>28 </p>	29	30	