SCCS Track and FieldDate: Monday, 23 April 2018Vs.: Groton All-Star Duals@: Groton CSConditions: A beautiful spring day for a Spring Break meet. Temps toward 70, light breezefrom the north, mostly sunny.

- To convert Automatic Times to hand times, subtract .24 and round up to the next tenth. Thus Jordan's 57.14 = a 56.9 hand time.
- 7 teams here today, but no team scores kept. Groton, T-burg, Dryden, Moravia, Marathon, us, and Whitney Point.

<u>Shot Put</u> George Vreeland Damian Rejman <u>Ian Murray</u> Bri Gentile	34-3.5* 3rd 30-3.25 <u>26-3.25*</u> 22-9.25 6 th	Discus Bri Gentile George Vreeland Ian Murray Kyle Stewart	48-6 85-8* 4 th 69-7 66-9*
<u>Long Jump</u> Steven Sherman <u>Dylan Haff</u> Sarah Robin	17-11.25 <u>10-7.75</u> 10-4	High Jump Jamison Murray <u>Triple Jump</u> Steven Sherman	NH 34-0.75 6 th
<u>100m</u> Aimee Kreydatus Anna Van Amburgh Amanda Hall Scarlett Lonsky	14.56 sb 15.36 15.59 15.76*	Damian Rejman Brian Collier	12.64 sb 4 th 14.92
1500m/1600m Bridget Hastings Bri Gentile Betsy Gloss Sam Kniffin Ben Stiadle Matt Radcliff	5:49.23* 6 th (86,96/3) 5:49.63 sb (86,95/3:0 5:11.16* 5 th (69,75/2:2	<u>1,101/4:42,67)</u> 24,85/3:49,82)(2:24/2:47) 26,84/3:50,81)(2:26/2:45	5)
400m Amber Black	1:05.10 sb 2nd PQ	Phillip Holden Jordan Stephenson Alex Larsen Kyle Stewart Jamison Murray	53.37* 1st PQ (#5) 57.14* 5th 59.20 sb 1:07.01* 1:13.75*
800m Chris Morris Conner Bennett	2:12.27 sb 3rd (62,70) 2:16.26 sb 6th 66,70)		
200m Emma Myers Scarlett Lonsky	28.34 sb 2nd PQ 33.42*	Damian Rejman Phillip Holden Ian Murray Brian Collier Dylan Haff	24.75 2nd 25.44* 4 th 26.53* 29.80* 32.96*

<u>4 x 400</u>	
Scarlett Lonsky	1:23.0
Amber Black	1:09.4
Bridget Hastings	1:13.9
Bri Gentile	1:15. <u>3</u>
	5:01.80 3 rd

Damian Rejman Jordan Stephenson Alex Larsen Phil Holden	56.7 58.4 59.0 sb <u>55.1</u> 3:49.43 sb 3rd PQ
Steven Sherman Conner Bennett Sam Kniffin Chris Morris	1:00.0* 1:02.0 sb 59.8* <u>58.5 sb</u> 4:00.52

Team Scores:

- Not kept in this meet -

* = PR (personal record)

Sb = Season's Best performance

PQ = Provisional Qualifying mark for the Section 4 Championship/State Qualifier meet

(#) = Place on SCCS TF All-Time Top Ten List