SCCS Track and Field
Vs.: Marathon Spring Fling Invitational
Conditions: Holy cow!! We left 40s at home and dropped into a day of 70 or so, sun w/ clouds, mostly calm. Not many days like this in Marathon!

- To convert Automatic Times to hand times, subtract . 24 and round up to the next tenth. Thus Emma's $13.32=a 13.1$ hand time.
- 10 teams today.

| Shot Put |  |  |
| :--- | :--- | :--- |
| George Vreeland | $32-11.25^{*}$ | $6^{\text {th }}$ |
| Damian Rejman | $32-6.75^{*}$ |  |
| Gavin Van Horn | $22-3.5$ |  |
| Hunter Ford | $20-2.75^{*}$ |  |
| Bridget Davis | $23-10.25^{*}$ | $6^{\text {th }}$ |
| Brianna Gentile | $20-8$ |  |

Long Jump High Jump

| Steven Sherman | $17-6.75^{*}$ | Ardany Lopez <br> Ben Stiadle | $14-3$ |
| :--- | :--- | :--- | :--- |

Sprint Medley Relay

| Logan Smith | $1: 06.4 \mathrm{sb}$ |
| :--- | :--- | :--- |
| Brian Collier | $30.3^{*}$ |
| Dylan Haff | 32.4 sb |
| Sam Perez | $\underline{2: 31.1 \mathrm{sb}} \mathbf{( 7 3 , 7 8 )}$ |
|  | $4: 40.0 \mathbf{6}^{\text {th }}$ |

100 m

| Emma Myers Sarah Robin | 13.32 sb $1^{\text {s }}$ | $1^{\text {st }} \mathrm{PQ}$ | Andy Poklemba | 13.10 |
| :---: | :---: | :---: | :---: | :---: |
|  | 15.91* |  | Ardany Lopez | 14.38 sb |
| $1500 \mathrm{~m} / 1600 \mathrm{~m}$ |  |  |  |  |
| Betsy Gloss | 5:57.58 sb | $3^{\text {rd }}$ | /3:12, 98/4:50, 67 |  |
| Sean Kennedy | 5:22.95 sb |  | 2/2:41, 85/4:06, 7 | /2:41) |

## $4 \times 100$

Van Amburgh-Myers-Black-Kreydatus $\quad 53.67 \mathrm{sb} \quad \mathbf{1}^{\text {st }} \quad$ PQ
Valdez-Raymundo-Rejman-Thayer
1:03.10
400m
Alex Larsen $\quad 1: 00.04 \mathrm{sb}$
Ian Murray
1:00.69 sb
800m

| Bridget Hastings | 2:44.03* | $3^{\text {rd }}(77,87)$ | Ben Stiadle | 2:18.52* $7^{\text {th }}(67,71)$ |
| :---: | :---: | :---: | :---: | :---: |
| Bri Gentile | 2:55.58* | $6^{\text {th }}(79,96)$ | Jacob Schmitt | 2:21.94* $8^{\text {th }}(67,74)$ |
|  |  |  | Matt Radcliff | $2: 55.57 \mathrm{sb}(85,90)$ |
|  |  |  | Jamison Murray | 3:06.27 sb ( 91,95 ) |

400 Hurdles
Conner Bennett $\quad 1: 11.07^{*} 5^{\text {th }}(\# 10)$

Jamison Murray
$3: 06.27$ sb $(91,95)$

| 200m |  |  |  |
| :---: | :---: | :---: | :---: |
| Rainee Thayer | 32.48 | Damian Rejman | 24.47* 5 ${ }^{\text {th }} \mathrm{PQ}$ |
| Lily Vernon | 34.75* | Jordan Stephenson | 25.90* $1^{\text {st }}$ in ht. |
|  |  | Logan Smith | 28.86* |
|  |  | Ardany Lopez | 29.35* |
| 4×400 |  |  |  |
| Emma Van Amburgh | 1:14.6 sb | Conner Bennett | 1:02.8 sb |
| Amber Black | 1:09.2 sb | Alex Larsen | 59.7 sb |
| Bridget Hastings | 1:12.4* | Jordan Stephenson | 57.8* |
| Bridget Davis | 1:11.6 sb | Damian Rejman | 55.1 sb |
|  | $4: 47.98$ sb |  | $3: 55.60 \mathrm{sb} \mathbf{2}^{\text {nd }}$ |

Team Scores:
Girls: 40 pts., $4^{\text {th }}$ of 9 teams
Boys: 15 pts., $8^{\text {th }}$ of 10 teams

* $=$ PR (personal record)
$\mathrm{PQ}=$ Provisional Qualifying mark for the Section 4 Championship/State Qualifier meet
(\#) = Place on SCCS TF All-Time Top Ten List

