

Southern Cayuga Central School District – Curriculum Map

Subject: _____ CCC Health 104 _____

School Year: _____ 20-21 _____

Title or Topics w/ NYS Standards	Essential Questions & Vocabulary	Content Skills (Activities to cover Essential Questions)	Major Assessments (Tests, Project, etc.)	Time Frame
Chapter 1: Foundations of Health	<ul style="list-style-type: none"> *what are the trends in health *How does lifestyle impact health *How to analyze health information and assess information on the internet -acute -chronic -life expectancy -risk factor -signs -symptoms 	<ul style="list-style-type: none"> *critique of information sources *response to learning objectives *workbook section 	<ul style="list-style-type: none"> *Learning Objectives *Workbook *Quiz 	4 classes
Chapter 16: Environmental/Occupational Health 911	<ul style="list-style-type: none"> *What are some common environmental hazards and what are the sources *Identify federal legislation intended to protect consumers *What steps can you take to reduce exposure *How did 911 effect the health of responders beyond that day *Why would a government agency change it's statements regarding environmental safety -asbestos -toxic -irradiate -pesticides 	<ul style="list-style-type: none"> *documentary *learning objectives *workbook section *discussion *reading articles 	<ul style="list-style-type: none"> *learning objectives *workbook *quiz *reflection 	5 classes
Chapter 2: Psychological Health	<ul style="list-style-type: none"> *What are the basics of psychological health *identify Maslow's hierarchy 	<ul style="list-style-type: none"> *learning objectives *the soloist *discussion *reading articles 	<ul style="list-style-type: none"> *personality inventory *workbook *learning objectives *quiz 	7 classes

	<ul style="list-style-type: none"> *What are the warning signs of suicide and methods of prevention *compare/contrast theories of personality development -physiology -psychology -personality -heredity -CNS -PNS -autonomy -delusions -hallucinations 			
Chapter 3: Stress and it's Management				
Chapter 4: Violence and Abuse				
Chapter 5: Reproductive Health				
Chapter 6: Romantic Relationships Sexuality				
Chapter 7: Drug Use and Abuse				
Chapter 8: Alcohol and Tobacco				
Chapter 9: Nutrition/Weight Management				
Chapter 10: Fitness				

Chapter 11: Cardiovascular Health Chapter 12: Cancer				
Chapter 13: Infection/Immunity/and Non-infectious Disease				
Chapter 14: Aging/Dying/Death				