

Southern Cayuga Central School District – Curriculum Map

Subject: _____ 7th grade health _____

School Year: ____19-20_____

Title or Topics w/ NYS Standards	Essential Questions & Vocabulary	Content Skills (Activities to cover Essential Questions)	Major Assessments (Tests, Project, etc.)	Time Frame
Intro to Health-NYS #2, #1, #3 *components of health *decision making *goal setting *relationships *communication	*How do I know what is healthy/unhealthy? *What is holistic health? *What is important to consider when goal setting? SMART *How do I know if my relationships are healthy? *Why is “good” communication so important to maintain healthy self and relationships? VOCAB: Assessment Responsibility Validate Authenticate Heredity Spiritual Health Wellness	*poster *worksheets *role play *peer review/critique *student/family work *movie/review	*current health article summary/review *packet completion *vocab test	*10 lessons
Emotional Health-#1, #2, #3 *self esteem *self concept *coping skills- positive/negative *personality development- intro *emotional expression/management	*How is self esteem formed? Changed? *How do I view myself, what does it mean for my relationships with others? *How do I know if my feelings are appropriate? *What are healthy ways to express my feelings?	*emotions role play *self portraits *worksheets *group work *partner tasks	*personality “quiz” *vocab test *packet work *MP exam	*10-15 lessons

	<p>VOCAB: Express Resilience Coping Advocate Mediate Perception</p>			
<p>HIV/AIDS-#1, #2, #3 *Immune System-intro *HIV *AIDS *stigma/discrimination</p>	<p>*How is HIV spread? *How can I keep myself safe? *What is the difference between HIV/AIDS? *What is "stigma"? why is it associated with HIV? VOCAB: Stigma Intimate Transmit Abstain Discriminate</p>	<p>*lecture *group list *video clip *discussion</p>	<p>*exit ticket *quiz</p>	<p>*5 lessons</p>
<p>First Aid/Safety-#1, #2, #3 *bleeding *burns *environmental risks *concussion</p>	<p>*what can I do in an emergency? *How do I recognize an emergency? *How do I report an emergency? VOCAB: Prevent Cleanse Elevate Assist</p>	<p>*video *peer practice *demonstration *skill practice</p>	<p>*skill demonstration *quiz *website quiz/video</p>	<p>*5 lessons</p>
<p>Death/Dying/Grief/Loss *stages of loss *US customs *other customs</p>	<p>*How do I cope with loss? *What can I expect after a loss/death?</p>	<p>*lecture *group discussion *group project *group presentation</p>	<p>*presentation *packet *test *vocab</p>	<p>*10-15 lessons</p>

	<p>*Are my experiences similar to others?</p> <p>VOCAB: Denial Bargain Grief Bereavement Eulogy</p>	*video		
<p>Personal Care</p> <p>*eyes *ears *mouth/teeth *skin *hair *nails *nose</p>	<p>*How do I care for ____?</p> <p>*What are some common conditions of ____?</p> <p>*What is the function of ____?</p> <p>*What is the purpose of ____?</p> <p>VOCAB: Optic Nasal Gastric Gland Tissue Exterior Interior Enamel</p>	<p>*group work *packet *group presentation *chrome/web</p>	<p>*group study guide *group presentation *group powerpoint *test</p>	*5-10 lessons
<p>Nutrition/Food</p> <p>*measuring *equipment identification *energy *food label *preparation</p>	<p>*What information can I obtain from a food label?</p> <p>*How do I convert a recipe that serves 4 to serve 12?</p> <p>*How do I prepare a dish from a recipe?</p> <p>*What are the steps?</p> <p>VOCAB: Saturated Diet Nutrient Ingredients</p>	<p>*group work *individual task work *whole class *lecture *video *web/chrome *vocab</p>	<p>*recipe completion *product assessment/critique *test *packet</p>	*15-20 lessons

	Calorie Soluble			
Drugs/Alcohol *OTC *prescription *illegal *abuse/misuse	*What is addiction? *How does addiction affect people/society? *What are the effects of use/misuse/abuse? VOCAB: Topical Inhalant Ingested Legal Illegal Abuse Misuse	*lecture *discussion-peers/class *vocab *video *posters/game	*journal entries *poster *test	*10 lessons
Puberty/Growth/Development				
*endocrine system *hormones *male reproductive system *female reproductive system *puberty	*What is puberty? *How is puberty different/same between males/females? *What can I expect from puberty? VOCAB: Atrophy Hormone Regulation Development Systems Genetics Chromosomes Species	*individual packet *home work with family *group/peer work *lecture *video *web/chrome	*packet *vocab test *test	*10-20 lessons

