

Emily Howland Elementary School Menu

May 2019

Menu Subject to Change

Emily Howland School District is an Equal Opportunity Provider and Employer

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Available with All Lunches

Assorted Fresh & Canned Fruit
Milk Choice

1-D

Chicken Patty
on Bun
French Fries

2-A

Ziti w/Meatballs
Texas Toast
Green Beans
Seasoned Carrots

3-B

Homemade Pizza
Garden Salad
w/Dressing
Seasoned Broccoli

6-C

Cheeseburger
on Bun
Baked Beans
Sweet Potato Fries

7-D

Walk-in Taco
w/Lettuce, Tomato &
Cheese
Cheesy Bean Dip

8-A

Chicken Nuggets
w/Dipping Sauce
Tator Tots
Seasoned Carrots

9-B

Homemade Pizza
Garden Salad
w/Dressing
Seasoned Broccoli

10

Parent Conferences
Half Day
for Students

13-D

Hot Ham & Cheese
on Croissant
Seasoned Carrots
Sweet Potato Fries

14-A

Nacho Taco
w/Lettuce, Tomato &
Cheese
Seasoned Corn
Green Beans

15-B

Chicken Patty
on Bun
French Fries
Baked Beans

16-C

Chicken Alfredo
Dinner Roll
Seasoned Broccoli

17-D

Homemade Pizza
Garden Salad
w/Dressing

20-A

Mini Pancakes
Sausage Link
Hash Brown
100% Fruit Vegetable
Juice

21-B

Taco Tuesday
w/Lettuce, Tomato &
Cheese
Cheesy Bean Dip

22-C

Cheeseburger
on Bun
Sweet Potato Fries

23-D

Turkey Gravy over
Mashed Potatoes
Dinner Roll
Seasoned Corn
Green Beans

24-A

Homemade Pizza
Garden Salad
w/Dressing
Seasoned Broccoli

27

Memorial Day
No School

28-B

Chicken Patty
on Bun
Baked Beans

29-C

Chicken Nuggets
w/Dipping Sauce
French Fries

30-D

Salisbury Steak
w/Gravy
Dinner Roll
Mashed Potatoes
Seasoned Corn

31-A

Homemade Pizza
Garden Salad
w/Dressing
Seasoned Broccoli

Second Choice

Fresh Chicken Club
Salad
Turkey & Cheese
Sandwich

PB & J and Yogurt Meal
also available

| | |
|--------------------|--------|
| Breakfast | \$1.50 |
| Lunch | |
| Elementary Schools | \$2.45 |
| High Schools | \$2.55 |
| Milk | \$0.50 |

Visit our website to print
an application and to
view menus.

www.southernncayugal.org

Who is the most powerful
potato in the galaxy?

Darth Tater