

# SCCS Jr. & Sr. High School High Menu

Menu Subject to Change

Southern Cayuga Jr. & Sr. High School District is an Equal Opportunity Provider and Employer

## May 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Available with All Lunches

Assorted Fresh & Canned Fruit  
Milk Choice

6

Bacon Cheeseburger  
on Bun  
Shipwreck Beans  
Sweet Potato Fries

7

Walk-in Taco  
w/Lettuce, Tomato &  
Cheese  
Cheesy Bean Dip

8

Chicken Nuggets  
Dinner Roll  
w/Dipping Sauce  
Tator Tots

9

BBQ Chicken  
Dinner Roll  
Mashed Potatoes  
Seasoned Corn

10

Homemade Pizza  
Garden Salad  
w/Dressing  
Seasoned Broccoli

13

Hot Ham & Cheese  
On Croissant  
Seasoned Carrots  
Green Beans

14

Nacho Taco  
w/Lettuce, Tomato &  
Cheese  
Seasoned Corn

15

Chicken Patty  
Chicken Parmesan  
on Bun  
Sweet Potato Fries

16

Chicken Alfredo  
Dinner Roll  
Seasoned Broccoli  
Seasoned Carrots

17

Homemade Pizza  
Garden Salad  
w/Dressing

20

Mini Pancakes  
w/syrup  
Sausage Link  
Hash Brown

21

Taco Tuesday  
w/Lettuce, Tomato &  
Cheese  
Cheesy Bean Dip

22

Bacon Cheeseburger  
on Bun  
Sweet Potato Fries

23

Turkey Gravy over  
Mashed Potatoes  
Dinner Roll  
Seasoned Corn  
Green Beans

24

Homemade Pizza  
Garden Salad  
w/Dressing  
Seasoned Broccoli

27

Memorial Day  
No School

28

Chicken Patty  
or  
Fish Patty  
on Bun  
Shipwreck Beans

29

Chicken Nuggets  
W/Dipping Sauce  
French Fries

30

Salisbury Steak  
w/Gravy  
Dinner Roll  
Mashed Potatoes  
Seasoned Corn

31

Homemade Pizza  
Garden Salad  
w/Dressing  
Seasoned Broccoli

### Available Daily

A variety of Pizzas,  
Fresh Chicken Club Salads,  
Egg Salad Sandwich

PB & J and Yogurt Meal  
also available

Breakfast	\$1.60
Lunch	
Elementary Schools	\$2.45
High Schools	\$2.55
Milk	\$0.50

Visit our website to print  
an application and to  
view menus.

[www.southerncayuga.org](http://www.southerncayuga.org)

What is the name of the  
scale used to measure the  
spicy heat of peppers?

Scoville Scale