

Emily Howland Elementary School Menu

October 2021

Menu Subject to Change

Southern Cayuga Central School District Is an Equal Opportunity Provider and Employer

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1-C
Homemade
Pizza
Seasoned Broccoli
Garden Salad
w/ Dressing

4-D
Bacon
Cheeseburger
on Bun
Shipwreck Beans
Dill Pickles

5-A
Chicken Nuggets
w/ Dipping Sauce
Baked Fries

6-B
Pizza Crunchers
Cheese
w/ Marinara Sauce
Sweet Potato Fries

7-C
Sloppy Joe
on Bun
Seasoned Corn
Tater Tots

8-D
Homemade
Pizza
Seasoned Broccoli

11
**Columbus Day
Observed
No School**

12-A
Chicken Patty
on Bun
Baked Fries

13-B
Taco's
w/ Wrap
w/ Toppings
Seasoned Corn

14-C
Macaroni & Cheese
Dinner Roll
Seasoned Carrots

15-D
Wild Mikes
Pizza
Garden Salad
w/ Dressing

18-A
Bacon
Cheeseburger
on Bun
Shipwreck Beans
Dill Pickles

19-B
Chicken Nuggets
w/ Dipping Sauce
Seasoned Corn

20-C
Toasted
Cheese
Baked Fries

21-D
Meat Sauce
w/ Pasta
Bread Stick
Green Beans

22-A
Homemade
Pizza
Seasoned Broccoli
Garden Salad
w/ Dressing

25-B
Chicken Patty
on Bun
Baked Fries

26-C
Calzones
Sweet Potato
Fries
Seasoned Carrots

27-D
Taco's
w/ Wrap
w/ Toppings
Bean Dip

28-A
Turkey Gravy
over Mashed Potato
Dinner Roll
Green Beans
Seasoned Corn

29-B
Homemade
Pizza
Seasoned Broccoli
Garden Salad
w/ Dressing

Second Choice

PB & J and Yogurt Meal

Prices for Getting Seconds

Breakfast	\$1.55
Lunch	
Elementary Schools	\$2.50
High Schools	\$2.60
Milk	\$0.50

Visit our website to print
an application and to
view menus.

www.southerncayugacentralschool.org

Available with All Lunches
Assorted Fruits
&
Milk Choice