

Emily Howland Elementary School Menu March 2023

Menu Subject to Change

Southern Cayuga Cent School District Is An Equal Opportunity Provider and Employer

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
Mozzarella Bites
Marinara Sauce
Sweet Potato Fries
Seasoned Carrots

2
Sloppy Joe
On Bun
Tater Tots
Green Beans

3
Tony's
Pizza
Seasoned Broccoli
Garden Salad
Dressing

6
Cheeseburger
On Bun
Shipwreck Beans
Dill Pickles

7
Chicken Nuggets
w/ Dipping Sauce
Baked Fries
Seasoned Corn

8
Pizza
Crunchers
Marinara Sauce
Sweet Potato Fries
Seasoned Carrots

9
Pasta With
Meat Sauce
Bread Stick
Green Beans

10
Homemade
Pizza
Seasoned Broccoli
Garden Salad
Dressing

13
Chicken Patty
On Bun
Smilie Fries

14
Taco's / Chips
Toppings
Salsa & Sour Cream
Bean Dip
Seasoned Corn

15
Mozzarella Bites
Marinara Sauce
Sweet Potato Fries

16
Homemade
Pizza
Seasoned Broccoli

17
Staff
Development Day
No School

20
Bacon
Cheeseburger
On Bun
Shipwreck Beans
Dill Pickles

21
Chicken Nuggets
Dipping Sauce
Baked Fries

22
Pizza Crunchers
Marinara Sauce
Sweet Potato Fries

23
Macaroni & Cheese
Dinner Roll
Green Beans
Seasoned Carrots

24
Tony's
Pizza
Seasoned Broccoli
Garden Salad
Dressing

27
Chicken Patty
On Bun
Smilie Fries

28
Taco's / Wrap
Toppings
Salsa & Sour Cream
Bean Dip
Seasoned Corn

29
Mozzarella Bites
Marinara Sauce
Sweet Potato Fries
Seasoned Carrots

30
Deli Day
Turkey on Sub Roll
Toppings
Dill Pickles
Baby Carrots

31
Homemade
Pizza
Seasoned Broccoli
Garden Salad
Dressing

Second Choice

PB & J and Yogurt Meal
also available

Breakfast	\$1.75
Lunch	
Elementary Schools	\$2.60
High Schools	\$2.70
Milk	\$0.50

Visit our website to print
an application and to
view menus.

www.southerncayuga.org

We are still experiencing
Sever supply chain issues

With our food, paper &
Dairy deliveries. So the

Menu may change
without notice.

We thank you for your
patience.