

Emily Howland Elementary School

May 2023

Menu

MONDAY

1
Chicken Patty
On Bun
Baked Fries
Green Beans

8
Cheeseburger
On Bun
Shipwreck Beans
Dill Pickles

15
Chicken Patty
On Bun
Baked Fries

22
Bacon
Cheeseburger
On Bun
Shipwreck Beans
Dill Pickles

29
Memorial Day
observed

TUESDAY

2
Taco's
Wrap
Toppings
Salsa & Sour Cream
Bean Dip
Seasoned Corn

9
Chicken Nuggets
Dipping Sauce
Baked Fries
Seasoned Corn

16
Taco's
Chips
Toppings
Salsa & Sour Cream
Bean Dip
Seasoned Corn

23
Chicken Nuggets
Dipping Sauce
Baked Fries
Seasoned Corn

30
Chicken Patty
On Bun
Baked Fries
Green Beans

WEDNESDAY

3
Mozzarella Bites
Jalapeno Bites
Marinara Sauce
Sweet Potato Fries
Seasoned Carrots

10
Pizza
Crunchers
Marinara Sauce
Sweet Potato Fries
Seasoned Carrots

17
Mozzarella Bites
Marinara Sauce
Sweet Potato Fries

24
Pizza
Crunchers
Sweet Potato Fries
Seasoned Carrots

31
Mozzarella Bites
Marinara Sauce
Sweet Potato Fries

THURSDAY

4
Waffles w/ Syrup
Sausage Links
Tater Tots
Dragon Juice

11
½ Day of
School
No Lunch

18
Macaroni & Cheese
Dinner Roll
Seasoned Carrots
Green Beans

25
Homemade
Pizza
Seasoned Broccoli

FRIDAY

5
Tony's
Pizza
Seasoned Broccoli
Garden Salad
w/ Dressing

12
Homemade
Pizza
Seasoned Broccoli
Garden Salad
w/ Dressing

19
Tony's
Pizza
Seasoned Broccoli
Garden Salad
w/ Dressing

26
No
School

Second Choice

PB & J and Yogurt Meal
also available

Breakfast \$1.75
Lunch
Elementary Schools \$2.60
High Schools \$2.70
Milk \$0.50

Visit our website to print
an application and to
view menus.

www.southern cayuga.org

We are still experiencing
Sever supply chain issues
With our food, paper
& dairy deliveries. So the

Menu may change
Without notice.

We thank you for your
Patience.