

Emily Howland Elementary School Menu

September 2023

Menu Subject to Change

Southern Cayuga Cent School District Is An Equal Opportunity Provider and Employer

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

4
Labor Day

5
Staff Development

6
Bacon
Cheeseburger
On Bun
Dill Pickles

7
Chicken Nuggets
With Dipping Sauce
Baked Fries

8
Tony's
Pizza
Green Beans

11
Chicken Patty
On Bun
Baked Fries

12
Taco's
With Wrap
Salsa & Sour Cream
With Toppings
Bean Dip
Seasoned Corn

13
Mozzarella
Bites
Marinara Sauce
Sweet Potato Fries

14
Macaroni & Cheese
Dinner Roll
Green Beans
Seasoned Carrots

15
Homemade
Pizza
Seasoned Broccoli
Garden Salad
w/ Dressing

18
Cheeseburger
On Bun
Shipwreck Beans
Dill Pickles

19
Chicken Nuggets
w/ Dipping Sauce
Baked Fries

20
Pizza Crunchers
Cheese
Marinara Sauce
Sweet Potato Fries
Seasoned Corn

21
Pancakes
With Syrup
Sausage Links
Tater Tots
100% Dragan Juice

22
Tony's
Pizza
Seasoned Broccoli
Garden Salad
w/ Dressing

25
Chicken Patty
On Bun
Baked Fries

26
Taco's
With Chips
Salsa & Sour Cream
With Toppings
Bean Dip
Seasoned Corn

27
Mozzarella
Bites
Marinara Sauce
Sweet Potato Fries
Seasoned Carrots

28
Meat Sauce
With Pasta
Bread Sticks
Green Beans

29
Homemade
Pizza
Seasoned Broccoli
Garden Salad
w/ Dressing

Second Choice

PBJ Meal
and Yogurt Meal

Breakfast	\$1.75
Lunch	
Elementary Schools	\$2.60
High Schools	\$2.70
Milk	\$0.50

Visit our website to print
an application and to
view menus.

www.southerncayuga.org

EVERYDAY WE OFFER

Fresh & Canned Fruit
and
Milk